# A Study on the Innovation of Practical Education Mode of Ideological and Political Theory Course in Colleges and Universities

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**Abstract:** in Order to Strengthen the Ideological and Political Education of Postgraduates in Colleges and Universities, This Paper First Takes the Postgraduates in Colleges and Universities as the Research Object, Expounds the Current Situation of Ideological and Political Education Practice Education of Postgraduates in Colleges and Universities through Questionnaire Survey and Interview, and Then Constructs the Practice Education of Ideological and Political Education of Postgraduates in Colleges and Universities under the Guidance of "One Thought", "Three Links" and "Five Carriers" New Mode.

#### 1. Introduction

Ideological and Political Education Can Promote the Development of Human's Social Nature, Which is Not Only Related to the Promotion of Their Own Quality, But Also Related to the Transformation of University Resources and All Aspects of National Social Development. Xi Jinping Stressed: "Learning is the Ladder of Growth and Progress, and Practice is the Way to Improve Ability." as the Main Position of Ideological and Political Education for Postgraduates [1], It is More and More Important for Colleges and Universities to Construct and Perfect the Practical Education Mode of Ideological and Political Education for Postgraduates. Therefore, It is of Great Significance to Strengthen the Research on the Practical Education of Ideological and Political Education for Postgraduates in Colleges and Universities.

# 2. The Connotation of Practical Education of Ideological and Political Education in Colleges and Universities

The root of practical education is Marxist practice view, which is a new education way to cultivate students' good character and further improve students' self-cultivation on the basis of theoretical knowledge education. According to Zhang Wenxian, the practical education of Ideological and political education refers to that based on the theoretical knowledge gained by students in the classroom, through effectively guiding students to carry out extracurricular self driving and mutual exchange learning, carrying out various practical activities closely related to the growth and development of students, strengthening the ideological and Political Education of students and training them to become a new major of active thought [2], patriotism and love for the people and theory Gao Weiguo believes that the practical teaching of Ideological and political education in Colleges and universities is to guide students to participate in various practical activities actively and actively on the basis of forming the overall planning, and in this process, combine ideological and moral cultivation with comprehensive quality to carry out teaching activities, and then according to the characteristics of different types of students According to Tian Chuanxin, the practical education of Ideological and political education should be composed of three aspects: social practice outside school, practical teaching of Ideological and political theory course and practical training practice inside school. Combined with the relevant theoretical research in China, the author believes that the practice education of Ideological and political education for Postgraduates in Colleges and universities refers to the educational activities that the educators

guide and train postgraduates through various practical forms by using rich ideological and political education theories and means to achieve the educational goal of "cultivating morality and cultivating people". The practical forms include the practice course of Ideological and political education, campus cultural activities, and schools Internal practice, social practice outside school, etc. As shown in question 1.

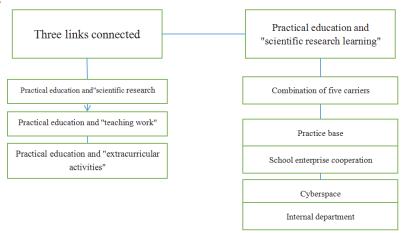


Fig.1 Practical Education Mode of Ideological and Political Education

# 3. Questionnaire Design and Result Analysis of Ideological and Political Education Practice for Graduate Students

#### 3.1 Questionnaire Design

In order to understand the current situation of Ideological and political education practice of university graduate students, the author designs a questionnaire according to the two stages of "in class and out of class".

The main content of the questionnaire includes the following aspects: the first part is the basic information of the respondents; the second part is the participants' participation, recognition and acceptance of "off class practice activities" such as society and campus; the third part is the participants' participation and acceptance of the ideological and political education curriculum practice teaching.

The subjects of this questionnaire are graduate students in University. According to statistics, 3460 valid questionnaires were collected. The questionnaire was distributed randomly, mainly through the network questionnaire and library. The questionnaire adopts the quantitative analysis method of statistical analysis, and processes the survey data with the help of the social statistics software of questionnaire magnitude [3].

# 3.2 Analysis of Questionnaire Results

Postgraduates' recognition of the importance of Ideological and political education practice is insufficient.

From the results of questionnaire survey, only 19.94% of graduate students often participate in various practical activities, 8.09% of graduate students never participate in practical activities; in terms of willingness to participate in voluntary activities, 30.92% of graduate students said they would like to participate in voluntary activities, and 59.83% of graduate students have general willingness to participate in voluntary activities. According to the investigation of the function and function of practical education, 78.07% of Postgraduates can realize the importance of personal ability such as interpersonal communication ability and cooperation ability in practical education, but at the level of personal thought, postgraduates' willingness to actively enhance and firmly practice the core values of socialism, understand the international situation, national development, national conditions and civil conditions is not strong. It can be seen that the postgraduates' recognition of the importance of Ideological and political education practice is insufficient.

There is a lack of diversity in postgraduate practice.

The results of questionnaire survey show that the forms of practice activities of graduate school are concentrated in three categories: voluntary service [4], campus activities and part-time social activities, among which voluntary activities and campus activities account for the highest proportion. Other activities such as "three rural areas" and "community assistance" are rarely involved, as shown in Table 3. In "the most meaningful form of practical activities", the proportion of compulsory education is as high as 40.17%, and the proportion of employment probation is as high as 33.24%. Through interviews with some graduate students, the author learned that their current volunteer activities are mainly "Shenyang library volunteer activities" and "graduate campus tutoring activities" carried out by the University Graduate Association, and little is known about the participation channels of other volunteer activities. In terms of campus activities, students mainly participate in campus cultural activities organized by graduate school and school Youth League Committee, such as "graduate Dormitory Culture Festival" and "graduate poetry conference". In addition, the empowerment activities organized by various colleges, such as lectures on improving the writing ability of papers, academic forums, etc., also attracted students' extensive participation.

There is no practical link in the course of Ideological and political education for postgraduates.

The results of questionnaire survey show that 76.30% of Postgraduates realize the importance of the practical teaching of Ideological and political education, and think that the practical teaching of Ideological and political education can combine theory with practice, change the existing teaching methods and broaden their horizons [5], so it is necessary to carry out it in postgraduates. In contrast, 29.08% of the graduate students in the main form survey of the practical teaching of Ideological and political education course said that there was no practical teaching in the ideological and political education course; 87.89% of the graduate students in the practical teaching of Ideological and political education course said that the form of the practical teaching in the current course was relatively single, most of which were writing investigation report and questionnaire survey Etc.

## 4. The Practice of Ideological and Political Education for Postgraduates

#### 4.1 "One Thought" Leading

Thought is the forerunner of action. Xi Jinping's thought of socialism with Chinese characteristics in the new era, as the mainstream thought of the new era, points out the direction and provides the ideological source for the construction of colleges and universities. In the process of constructing the practical education mode of Ideological and political education, colleges and universities should strengthen the understanding of the new ideas in the new era, and integrate them into the whole process of the practical education mode of Ideological and political education as the top-level ideas, so as to make the practical education of Ideological and political education change from passive to active subjectively. Since the 18th National Congress of the Communist Party of China, the CPC Central Committee has issued more than 60 documents, represented by the opinions on strengthening and improving the ideological and political work in Colleges and Universities under the new situation, which further clarifies the concept of "moral cultivation as the fundamental task of Ideological and political education in colleges and universities". With the construction of "innovative society", the country's demand for practical talents is growing, and practical education has gradually become an important part and main way of Ideological and political education for postgraduates. Therefore, to improve the practical education mechanism of Postgraduates in Colleges and universities, we must start from the overall development direction of the country and society, clarify the theoretical basis and concept support of practical education of Ideological and political education, and guide the postgraduates in Colleges and universities ideologically.

#### 4.2 "Three Links" Connection

### 4.2.1 Strengthen the connection between practical education and teaching.

Colleges and universities should infiltrate the practical education of Ideological and political education into all aspects of graduate teaching, change the former "cramming" theoretical teaching method, integrate the practical teaching into the original theoretical teaching, and make the ideological and political education curriculum of graduate students realize the unity of "learning and thinking" [6], "knowing and doing". At the same time, the school should consider the individual difference factors such as graduate level, age characteristics and subject differences into the design of the practice link of Ideological and political curriculum, and set up the practice education program of hierarchical classification.

#### 4.2.2 Strengthen the relationship between practical education and scientific research [7].

Colleges and universities should look for the intersection of professional practice teaching and practical education in Ideological and political education, build a platform for their mutual support, integrate the content of practical education in Ideological and political education into scientific research practice teaching, and build a mechanism of collaborative practice education.

# 4.2.3 Strengthen the relationship between practical education and extracurricular activities. Universities are carrying out research

In the extracurricular practical activities, ideological education, patriotic education, professional orientation, values education, pressure education, psychological counseling and other aspects should be integrated into the extracurricular practical activities of graduate students, such as vacation social practice, campus cultural activities, voluntary activities, etc., and the ideological and political education practice education of graduate students should be fully implemented into the extracurricular practical links.

#### 5. Combination of "Five Carriers"

#### 5.1 Strengthen the construction of practice base.

As a platform of Ideological and political education, practice base is an important medium of Ideological and political education. The construction of practice base should pay attention to three aspects. First of all, the practice base should be historical and contemporary. It should not only include the historical achievements of the country in economy, society, culture and other aspects since the reform and opening up, but also combine with the theme of "interconnection" and "co construction and sharing" in the new era to show the characteristics of practice base, so as to improve the attraction to postgraduates Secondly, the choice of practice bases should be innovated on the basis of inheritance, and on the basis of the original practice bases, innovative activity bases should be added to increase the diversity of practice bases. Finally, the principle of "co construction" should be advocated, the cooperation between universities and local governments should be strengthened, and schools should be encouraged to organize activities such as "visiting the former residence of celebrities". On this basis, the "Cooperation Association of social practice bases" should be signed Discussion ", to ensure the long-term and stability of cooperation between universities and practice bases from multiple dimensions, so as to play its educational function.

#### 5.2 Strengthen the construction of school enterprise cooperation.

School enterprise cooperation combines social needs with college education. By sharing the advantages of the two, colleges and universities can improve the transformation efficiency of educational resources. At the same time, it can also promote the cultivation of graduate innovation ability and career planning. In order to strengthen the construction of school enterprise cooperation, colleges and universities should first strengthen quality-oriented education. In the context of school enterprise cooperation, with the help of the network platform under big data, according to the specific characteristics of different grades and different categories of graduate students, ideological

and political education should be carried out from the aspects of ideology, morality, career development, etc., so as to achieve the quality level of graduate students in Colleges and universities to make enterprises satisfied and able to work with the society The purpose of smooth connection. Secondly, we should closely combine the theory of graduate students in school with the practical needs of the society. First, we can improve the quality of graduate students produced by colleges and universities, and promote the overall improvement of graduate students' quality and ability. Second, we can promote the two-way choice between enterprises and talents when graduate students choose jobs and employ people in enterprises in the future. Third, we can let graduate students go deep into the front line, and let theory and practice develop Students collide, so that graduate students can more effectively digest theoretical knowledge and feed back practical problems, so as to achieve a win-win situation in learning, ideological and political education and professional promotion [8].

### 5.3 Strengthen the construction of practical teaching materials.

Practical teaching should follow certain rules and embody its significance, so teaching materials play this role, which is an important guidance and ideological embodiment of practical teaching. Therefore, in order to ensure the smooth development of the practice teaching of the ideological and political theory course for postgraduates, the Ministry of education should organize experts to compile such teaching materials as the practical teaching course of the ideological and political theory course for Postgraduates in Colleges and universities and the practical teaching guide of the ideological and Political Theory course for Postgraduates in Colleges and universities with the overall attitude and the guidance of "overall situation view" and "practice view" The designated teaching materials for the practical teaching of political theory. In the process of the construction of the practical teaching materials for the ideological and political theory course for postgraduates, we should attach importance to the coexistence of generality and individuality. On the one hand, colleges and universities should embody the commonness in education, carry out general education for the majority of postgraduates, combine the key points of practical teaching with the key and difficult points, and design the practical teaching content in line with the practical teaching content of all postgraduates; on the other hand, colleges and Universities should follow the principle of individual cultivation, teach students according to their aptitude, and design the practical teaching content in various forms based on the principle of respecting individual differences between students, so that postgraduates can Combined with their own characteristics and different professional background, we choose the corresponding practical teaching content.

## 5.4 Strengthen the construction of network practice space.

With the advent of the Internet + era, colleges and universities are required to strengthen the ideological and political education and practice, and pay attention to the development of network practice space. Based on this, colleges and universities should strengthen the construction of practice education mode of Ideological and political education on the Internet, build a platform of practice education on the Internet of Ideological and political education, and organize questionnaire survey, online Q & A, forum discussion and practical teaching results display. The campus website of colleges and universities should take the responsibility of "leader", carry forward the "new idea" in line with the development of the new era, guide the students to the correct network value, and give full play to the function of network practice and education [9].

#### 5.5 We will strengthen the collaborative construction of all departments within the University.

To strengthen the practical education of Ideological and political education for postgraduates requires the cooperation of all departments in Colleges and universities, and the sound organizational mechanism in Colleges and universities is the indirect carrier of the practical education of Ideological and political education for postgraduates, so colleges and universities should build a complete leadership mechanism. Specifically, the first level is the school level. The school should set up an ideological and political education practice education team headed by the school leaders in charge of graduate education, which is composed of the main principals of various

functional departments involved in student management, and is responsible for the top-level model construction and leadership of practice education. The second level is the practical level, which should be implemented by the ideological and political education teachers' team and the Youth League Committee with the theoretical knowledge of Ideological and political education practice. The third level is the leading group of practical education established by each college, which is responsible for the specific implementation of the top-level plan issued by the school. The work coordination and effective linkage of the above departments are directly related to the success or failure of practical education. Therefore, colleges and universities should establish a sound communication mechanism and collaborative construction system to ensure the interconnection of all departments within the University.

#### 6. Conclusion

On the basis of the investigation and analysis of the current situation of Ideological and political education practice education for university graduate students, the author constructs a new mode of Ideological and political education practice education for university graduate students with the core of "one thought leading, three links connecting and five carriers combining", aiming at the shortcomings of the existing mode of Ideological and political education practice education for university construction It is of great significance.

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